

## Insurance information for Harris Whole Health

### Aetna:

- ) Most Aetna HMO, PPO and PPO plans generally cover for \*medical\* concerns—when recommended by a physician for IBS, Celiac, gastroparesis, IBD, etc.
- ) Occasionally plans have exclusions, so please do check with your plan that they follow this policy
- ) Aetna Better Health (Medicaid) is a separate plan.
- ) Aetna advantage—see Medicare section, usually not covered.

### BCBS:

***As of May 31st, 2016, Cheryl is an out-of-network provider with all BCBS plans.***

More [about that decision here](#). BCBS's actions were egregious enough that there is now a [class-action lawsuit](#) based on their actions.

### Cigna:

- ) Most Aetna HMO, PPO and PPO plans generally cover for nutrition for services of a registered dietitian
- ) Occasionally plans have exclusions, so please do check with your plan that they follow this policy
- ) \*Cigna HMO plans through ACA with names like “EPO connect” and “Connect” generally have nutrition limited coverage. Check with your plan for more information.
- ) NALC is different every year.

### Medicare:

- ) [Standard Medicare part B](#) \*only\* covers for diabetes and renal disease type 4 with a prescription. I don't set these terms and I can't change them.
- ) Medicare Advantage plans: generally have the same terms as regular Medicare. If you call to ask about benefits,
  - o The CPT code for a nutrition session is 97802/97803
  - o Ask if codes are covered for a Registered dietitian, not a doctor
  - o Ask if codes are covered for gastrointestinal issues (I can give you codes if you don't have them)
  - o Get a reference code confirming your coverage.
  - o We'll need a pre-service organization determination notice of denial before we book a time, OR documentation that your plan has an explicit exemption and that you do have coverage

### Medicaid:

- ) Cheryl is out of network, and cannot see Medicaid patients.

### Tricare:

) [Tricare generally has limited coverage](#) except on bases. However, Cheryl will provide a 15% discount to immediate family members of active duty military who are not covered by other insurance in gratitude for your service to our country

United:

Cheryl is out-of-network and can provide a superbill.

CPT code is 97802/97803 and diagnosis code will vary.